

WINTER 2022

# EUDORA P&R ACTIVITY GUIDE

## FEATURED EVENTS

### CANDY CANE HUNT



**NOV 30TH  
5:30PM**

Santa's elves have hidden hundreds of candy canes in Lucy Kaegi Park and it's up to you to find them. Some will be hidden high, some hidden low, maybe in a tree or possibly in the snow. No registration required.

### MAYOR'S TREE LIGHTING



**NOV 30TH  
6:30PM**

Come together and celebrate the beginning of the holiday season with the Mayor's Annual Tree Lighting at Lucy Kaegi Park.

## ACTIVITY REGISTRATION INFO

### DECEMBER DASH 5K & YOUTH MILE

**DEC 10TH  
5K: 10AM | ASHER COHN PARK  
YOUTH MILE: 11AM | BLUEJACKET PARK  
\$25**

10th Annual December Dash 5k Run/Walk/Crawl benefitting EPRD programs and facilities. Run, walk, or crawl the trails of Eudora and help celebrate the holiday season. Register by Nov. 30th to have your race hoodie by Dec. 10th.



Register online at [eudoraparksandrec.org](http://eudoraparksandrec.org) or at the Eudora Community Center.

CITY OF EUDORA



785.542.3434

# HOLIDAY HAYRACK RIDES

ALL AGES

DEC. 1-22 | 6:00 & 6:45PM

EUDORA COMMUNITY CENTER

SUGGESTED \$2 DONATION

Cruise the holiday lights around Eudora on EPRD's "hayrack." Rides are available on Tuesday, Wednesday, and Thursday evenings throughout December come with a cup of hot chocolate or cider. Reserve your spot by calling or visiting the Eudora Community Center beginning in November.



## TODDLER TIME

MON, WEDS, & FRI | 12-2PM

TUES & THURS | 11AM-1PM

SUGGESTED \$1 PER DROP-IN

Join us for time in the gym with your little ones. Let them run and roam, play with toys, ride scooters, and more. We are accepting donated toys for this program if you have gently used items to spare.

## TOYS FOR TOTS CORNHOLE TOURNAMENT

ALL AGES

DEC 3RD | 10:30AM

EUDORA COMMUNITY CENTER

ONE NEW TOY, GAME, OR ACTIVITY PER PLAYER

PRE REGISTRATION REQUIRED BY DEC.1

Time to use your cornhole powers for good! Entry for the 3rd annual Toys For Tots Cornhole Tournament only requires a donation of a new toy, game, or activity per player. This year's round-robin format ensures plenty of matches and a chance to make new friends this holiday season. Sign ups required in person at the Eudora Community Center.



## SAFE SITTER

DATE: DEC. 10 | 8:30 AM-4:30 PM

REGISTRATION: \$50

Safe Sitter prepares young adults for the responsibilities of nurturing and protecting children. Registration can be completed in person at the community center. Space is very limited.

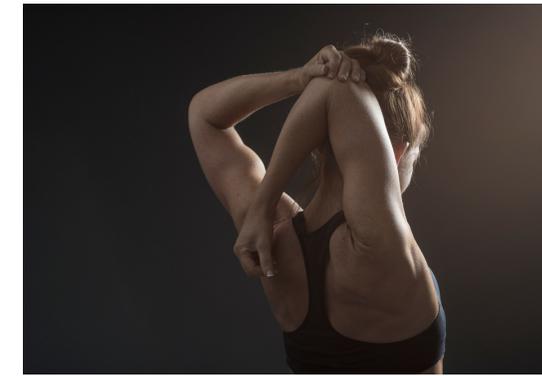
Register online at [eudoraparksandrec.org](http://eudoraparksandrec.org), or at the Eudora Community Center.

# CHAIR YOGA

WED. 12-1PM

\$10 DROP-IN | \$80 FOR 10 CLASSES

A gentle form of yoga modified for people with varying abilities. Poses can be done sitting on a chair, standing, or using the chair for support. Benefits include reduced joint strain, improved flexibility, increased strength, reduced stress, improved mood, and increased concentration. If you have a mat, please bring one.



# STRETCH & FLEX

TUES. 5:45-6:40PM

\$7 DROP-IN | \$30 FOR 5 CLASSES

Stretch and Flex is a stretching and mobility-based session that aims to improve functional capacity, aid in recovery and prevent injury. Participants will learn how to properly activate and control important stabilizing muscles and perform movements with efficiency.

# YOGA & PILATES

SUN. 6-7PM

\$10 DROP IN | \$80 FOR 10 CLASSES

Unwind from the weekend and start the week relaxed while making our bodies strong and flexible! This class combines a series of yoga postures focusing on flexibility, balance, and relaxation with Pilates mat work to target the core muscles of your stomach and back, increasing flexibility, coordination, and posture.



# E-SPORTS

JAN. 23RD-MAR. 17TH

\$40

REGISTRATION DEADLINE: JAN. 16

Calling all gamers! Take on your friends and family in Madden, Fortnite, Rocket League, and more to stake your claim as Eudora's best gamer. To sign up, head to <https://app.ggleagues.com/clubs/city-of-eudora>.



# COMMUNITY GARAGE SALE

JAN. 28TH | 8AM-1PM

EUDORA COMMUNITY CENTER

FREE

The community garage sale is the perfect place to sell your gently-used items, crafts, old toys, games, clothes, and more! Tables and/or space will be limited.



Register online at [eudoraparksandrec.org](http://eudoraparksandrec.org) or at the Eudora Community Center

# DROP-IN ACTIVITIES

## DISC GOLF

Nine-hole course located at Bluejacket Park. Free to play. Equipment check-out at Eudora Community Center. Stay tuned for upcoming tournaments and events!

## PICKLEBALL

Pickleball combines elements of tennis, badminton and pingpong into a fun, interactive low-impact, high-energy game.

- Monday: 9-11AM
- Wednesday: 9-11AM & 5-8PM
- Friday: 9-11AM

## CARDS WITH FRIENDS

Every Monday and Thursday from 1-3pm. Join up with friends at the Eudora Community Center for various free card games and fellowship.

## SENIOR FOUNDATION FRIDAY FUN FELLOWSHIP

Meet up with the Eudora Senior Foundation on the second Friday of every month from 1:00-3:00pm. Each monthly meeting features games, treats and a featured speaker.

# EUDORA COMMUNITY CENTER



## EUDORA WELLNESS CENTER

### WINTER HOURS OF OPERATION:

Mon.-Thurs.	7am-9pm
Fri.	7am-7pm
Sat.	9am-7pm
Sun.	1pm-6pm

PLEASE CALL AHEAD FOR OPEN GYM TIMES

### MEMBERSHIP PRICING

	MONTHLY	SIX-MONTH	ANNUAL	DAILY ADMISSION	
Adult Membership	\$24	\$120	\$240	Adult	\$3.00
Senior Membership (55+)	\$15	\$75	\$150	Student	\$3.00
Family Membership	\$36	\$180	\$360*	Senior	\$1.50
Family Senior Membership	\$25	\$125	\$250*		

\*includes season pool pass

### 7-VISIT PUNCH PASSES

Adult	\$15
Senior/Student	\$10

### EUDORA WELLNESS CENTER OFFERS:

- Treadmills
- Elliptical Machines
- Recumbent Bicycles
- Upright Bicycle
- Dual Universal Weight Machines
- Power-Squat Rack
- Dumbbells and Benches

## EUDORA PARKS & RECREATION

1630 ELM STREET

P.O. BOX 650

EUDORA, KANSAS 66025

(785) 542-3434

EUDORAPARKSANDREC.ORG